

OCTOBER 2019

TIS TMS THS

*Nurses have food allergens list per meal
 *Gluten free options available daily
 *Vegetarian option available most days
 *All meals include salad & fruit bar and soup
 *Milk offered daily

Monday	Tuesday	Wednesday	Thursday	Friday
	Breakfast for Lunch ¹ Salad, Soup, & Fruit Bar	Colorado Beef Cheeseburger ² Salad, Soup, & Fruit Bar	Chicken Alfredo ³ Garlic Bread Salad, Soup, & Fruit Bar	Pulled Pork Sandwich ⁴ Salad, Soup, & Fruit Bar
Corn Dog (turkey) ⁷ Salad, Soup, & Fruit Bar	Lasagna ⁸ Garlic Bread Salad, Soup, & Fruit Bar	Buffalo Chicken ⁹ Salad, Soup, & Fruit Bar	Colorado Beef Cheeseburger ¹⁰ Salad, Soup, & Fruit Bar	Orange Chicken ¹¹ Brown Rice Salad, Soup, & Fruit Bar
Breakfast for Lunch ¹⁴ Salad, Soup, & Fruit Bar	Colorado Beef Cheeseburger ¹⁵ Salad, Soup, & Fruit Bar	Mac & Cheese ¹⁶ BBQ Chicken Drumstick Salad, Soup, & Fruit Bar	Pork Quesadilla ¹⁷ Salad, Soup, & Fruit Bar	Baked Potato Bar ¹⁸ Cornbread Salad, Soup, & Fruit Bar
Grilled Chicken Sandwich ²¹ Salad, Soup, & Fruit Bar	Crispy Taco ²² Salad, Soup, & Fruit Bar	Spaghetti with Meatballs ²³ Garlic Bread Salad, Soup, & Fruit Bar	Cheesy Bread Stick with ²⁴ Marinera Sauce Salad, Soup, & Fruit Bar	HALF DAY NO LUNCH ²⁵
Orange Chicken ²⁸ Brown Rice Salad, Soup, & Fruit Bar	Herb Roasted Turkey ²⁹ Dinner Roll Salad, Soup, & Fruit Bar	Colorado Beef Cheeseburger ³⁰ Salad, Soup, & Fruit Bar	Pizza ³¹ Salad, Soup, & Fruit Bar Cookie	

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