

TIMHS August/ September 2017

USDA is an equal opportunity provider and employer

Monday	Tuesday	Wednesday	Thursday	Friday
28 Frito Chili Pie , Raw veggies, Lettuce salad, old fashioned applesauce. Skim, 1%, or FF chocolate milk	29 Beef Hamburger on whole wheat bun , baked French fries, Raw veggies, fresh cut watermelon. Skim, 1% or FF chocolate milk	30 Homemade whole grain cheese or pepperoni pizza , green peas, Raw veggies, Lettuce salad, sliced peaches. Skim, 1% or FF chocolate milk	31 Pork Stir Fry , brown rice, Raw veggies, Lettuce salad, mandarin oranges. Skim, 1% or FF chocolate milk	1 HALF DAY NO LUNCH!!
4 LABOR DAY NO SCHOOL!	5 Turkey Taco with lettuce and cheese , seasoned pinto beans, Raw veggies, fresh red grapes, picante salsa. Skim, 1% or FF chocolate milk	6 Homemade whole grain cheese or pepperoni pizza , cauliflower florets, Raw veggies, California raisins. Skim, 1% or FF chocolate milk	7 Pulled Pork on whole wheat bun , baked French fries, Raw veggies, Lettuce salad, fresh orange smiles. Skim, 1% or FF chocolate milk	8 Chicken Nuggets , brown rice, peas & carrots, Raw veggies, sliced cling peaches. Skim, 1% or FF chocolate milk
11 Cheese Quesadilla , seasoned black beans, Raw veggies, Lettuce salad, fresh strawberries, picante salsa. Skim, 1% or FF chocolate milk	12 Beef Hamburger on whole wheat bun , baked French fries, Raw veggies, fresh cut melon medley. Skim, 1% or FF chocolate milk	13 Homemade whole grain cheese or pepperoni pizza , asparagus spears, Raw veggies, Lettuce salad, fruit cocktail. Skim, 1% or FF chocolate milk	14 Pork Green Chili Burrito , sweet corn kernels, Raw veggies, Lettuce salad, pineapple chunks., picante salsa. Skim, 1% or FF chocolate milk	15 Pasta with chicken, broccoli & garlic sauce , carrot coins, Raw veggies, Lettuce salad, sliced pears. Skim, 1% or FF chocolate milk
18 Lemon Basil Pesto Pasta , mozzarella cheese stick, carrot coins, Raw veggies, Lettuce salad, whole apple. Skim, 1% or FF chocolate milk	19 Turkey Taco with lettuce and cheese , seasoned pinto beans, Raw veggies, fresh red grapes, picante salsa. Skim, 1% or FF chocolate milk	20 Homemade whole grain cheese or pepperoni pizza , lemon broccoli, Raw veggies, Lettuce salad, banana. Skim, 1% or FF chocolate milk	21 Grilled Ham & Cheese on whole wheat bread , baked French fries, Raw veggies, fresh orange smiles. Skim, 1% or FF chocolate milk	22 NO LUNCH!!
25 Frito Chili Pie , Raw veggies, Lettuce salad, old fashioned applesauce. Skim, 1%, or FF chocolate milk	26 Beef Hamburger on whole wheat bun , baked French fries, Raw veggies, fresh cut watermelon. Skim, 1% or FF chocolate milk	27 Homemade whole grain cheese or pepperoni pizza , green peas, Raw veggies, Lettuce salad, sliced peaches. Skim, 1% or FF chocolate milk	28 Pork Stir Fry , brown rice, Raw veggies, Lettuce salad, mandarin oranges. Skim, 1% or FF chocolate milk	29 Pulled Turkey on whole wheat bun , Ranch coleslaw, baked beans, Raw veggies, fresh pear. Skim, 1% or FF chocolate milk