

NUTRITION POLICY

To help ensure the wellness of each student attending Telluride R-1 Schools and to provide guidance to school personnel in the areas of nutrition, food service department and the School Board subscribe to the following:

1. No student in the Telluride R-1 School District (TSD) goes hungry while in school.
2. An economically sustainable meal program that provides nutritious lunch is available to every student at every school so that students are prepared to learn to their fullest potential.
3. The nutritional value of the food served to TSD significantly improves upon the USDA and Colorado State Dietary Guidelines by providing nutritious, fresh, tasty, and to the extent possible, locally grown food. The School Board of Education encourages staff to utilize food from regional gardens and local farmers based upon availability and acceptability.
4. Prohibition of marketing and advertising on non-nutritious foods and beverages through signage, vending machines fronts, logos, scoreboards, school supplies, advertisements in school publications, coupon or incentive programs, or other means.
5. Support for sustainable organic agriculture. The nutrition services director shall develop and implement a plan to integrate organic foods, when possible, as defined by the USDA National Organic Program, into meals served to our students. The plan shall seek to eliminate potentially harmful food additives and processes, such as bovine growth hormones, irradiation, hydrogenated oils, high fructose syrup, and known genetically modified foods.
6. Meals served to students shall be presented in a pleasant environment with sufficient time for eating. It shall be the responsibility of the administration, teachers and support staff to foster good manners and respect for fellow students.
7. Bake sales and/or ice cream socials may be held in schools with permission of the school principal, in moderation and with consideration and consistency of the goals of this policy, and in no case will these activities compete with lunch program.
8. Class parties are a periodic tradition, however, parents and staff are encouraged to provide party snack items that are consistent with the goals of this policy and held after the lunch hour whenever possible.
9. Teachers, principals, and nutrition services employees recognize that the lunch period is an integral part of the district's educational program and work to implement the goals of this policy.
10. Nutrition education is integrated through the health and science curricula.

11. Policies and regulations on nutrition and physical activity will be posted on the web page, and the goals of the policy will be communicated to parents and students.
12. The Superintendent or designee shall recommend for Board approval specific quality indicators that will be used to measure the implementation of the policy district wide and at each school. These measures shall include but not be limited to the analysis of the nutritional content of meals served, student participation rates in school meal programs, and periodic feedback from food service personnel, school administrators, the school Wellness Committee, parents/guardians, and students.

ADOPTION DATE: February 28, 2008